

Sultanate of Oman
Ministry of Health

Directorate General of Health Affairs
Dept. of Communicable Disease

Surveillance & Control

MH/DGHA/HQ/DCDSC/NAP/ 196/13

10 October 2013

Director General / Director of Health Services

..... Governorate

Director General, Royal Hospital

Head of Medical Services, SOUH

Executive Director, Al-Nahda Hospital/All Regional Hospital

Commanding Officer, Armed Forces Hospital

Director General of Medical Services, ROP Hospital



سلطنة عُمان
وزارة الصحة

المديرية العامة للشؤون الصحية
دائرة مراقبة ومكافحة الأمراض المعدية

Sub: HIV treatment

After Compliments,

At the end of 2012 we have 1,454 Omani Persons Living with HIV (PLHIV) and out of whom 762 are on Anti- Retroviral Treatment (ART). As a result of new guidelines by WHO in July 2013 we need to make following changes in our HIV management;

1. Initiate treatment for HIV patient with CD4 counts less than 500 or having conditions described in stage 3 or 4 in WHO classification listed in HIV notification form.
2. Initiate treatment for all children less than 5 years, diagnosed with HIV regardless of CD4 counts. For children less than 18 months having viral load positive results in two separate samples should be considered for treatment. Treatment for children less than five years should be initiated by consultant, Infectious diseases, Royal Hospital or under their guidance by Pediatrician in the Governorate.
3. HIV treatment should be initiated for positive person regardless of CD4 counts in the discordant couple i.e. where other partner is negative. This should be done after detailed discussion with the HIV positive person including the benefits of early treatment and assurance of compliance by the patient.

Above changes will be incorporated in new HIV manual. For any queries or suggestions please contact HIV/STI program on 24607082.

Thanking you and with best wishes,


Dr Idris Al-Abeidani
Actg. Director

Cc:
Actg. DGHA
Director General of Medical supplies
Head, HIV/AIDS/STI program
HIV treatment focal points, All Governorates/Hospital

